



No/Gi SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN
7:15AM	All LvL's	All LvL's		All LvL's			
10AM		Invite Only		Invite Only			
5:30PM	Youth JJ	Wrestling	Youth JJ				
6:30PM	All LvL's	All LvL's	All LvL's	All LvL's			

* Contact us for availability

218.461.0311