



Jiu Jitsu SCHEDULE

MON

TUE

WED

THU

7:15AM

No/Gi
All LvL's

NOON

No/Gi
All LvL's

No/Gi
All LvL's

5:30PM

YOUTH
No/Gi

YOUTH
No/Gi

YOUTH
No/Gi

6:30PM

No/Gi
All LvL's

No/Gi
All LvL's

No/Gi
All LvL's

No/Gi
All LvL's